



Circle of Girls *Club*

Build Self-Esteem, Coping Skills, & Friendships

Thursdays, 6 – 7:30 p.m. ♥ Ages 12-18
Free Program | Patrick Henry Recreation Center

This peer support group is not a suitable replacement for treating mental illness. If you or a family member need official health services/counseling, please get in touch with the Alexandria Teen Wellness Center at 703.746.4776



City of Alexandria ▪ alexandriava.gov/Recreation ▪ 703.746.5557
DEPARTMENT OF RECREATION, PARKS & CULTURAL ACTIVITIES